From the Principal

Education Week
During Education Week in Week 3 of this term we had a display of student artwork and other work samples at Westfields Warrawong along with our partner primary schools. Below is the small article which appeared in the Illawarra Mercury featuring Miles Stojanovski (left) and Dylan Alderton (right) both from Year 7.

Yr10 into Yr11 Subject Selections
This year’s Subject Selection Information Evening for Yr10 students and their parents was very successful with approximately 60% of the attending the evening. While this was a significant increase from last year, we really need to encourage students and parents to come to these important events. Having a large family of my own, I understand the difficulty in finding time to come up to the school after hours especially if parents work shift hours but one of our focus areas in the new school plan is work on ways to make it easier for parents to attend all types of information evenings throughout the year.

Yr11 and Yr12 Clearance Procedures
As the end Term 3 is gradually coming into our sights students in both Year 11 and Year 12 will need to get themselves organised to clear and/or sign out at the end of their Preliminary and HSC courses. The Year 11 Yearly Exams will be held during Weeks 8 and 9 of this term and arrangement will be made for them to return textbooks, other resources and pay fees in preparation for commencing their HSC courses in Term 4. Meanwhile, arrangements are being made for Year 12 students to finalise their HSC before the graduation ceremony and formal in Week 10 of this term.

Uniform and Fractional Truancy
Warrawong High School is a uniform school with flexibility around how the students can wear components of the sports uniform and corporate style uniform. During the winter terms there has been a gradual increase in the number of students wearing non-uniform jumpers and incorrect school shoes. As a result, other non-uniform clothing such as shorts are also creeping in. Having a uniform provides so many advantages to the school and our students including setting a positive school tone which can enhance the learning culture within the classroom. All students are reminded to ensure they are coming to school each day with the correct uniform on.

Attendance in all classes and being on time is also the responsibility of students. Being late to class disrupts the learning of other students and the work of the teacher. Not attending class means that the individual student misses out on important information which will affect their learning. In both cases the teacher will follow up with the student(s) and the time lost has to be made up during break time or after school.

Mr R Coleman
Principal
Year 7 English

7.2 English recently completed their poetry portfolios to a very high standard. Students had to structure their various poems around a chosen theme or issue. Following are a selection from some excellent class efforts.

Haiku poems

Food
Food is very good.  
My belly rumbles waiting  
For eggs and bacon.  
Molesi Alefaio

Flowers
Bright beautiful things.  
The colours of true friendship;  
Share them with your friends.  
Ebonie Turner

Sunset
The warmth on my skin.  
Fire falls beneath the tall trees —  
I see the sun set.  
Dario Maffulo

Form Poems

Poll, position, line, racing  
Zoom, past, accelerate  
Gear, brake, steer, chasing  
Speed, crash, exterminate.  
Nathan Dore

Mysterious, Deep, scary, Beautiful  
Waves, marines, tides  
Playful, aquatic, mist, peaceful  
Loud, Salty, Wide  
Zayd Ali

Simile

Lightning
Cracking in the sky like God’s clap,  
Bright as the sun,  
Catching fire to whom it touches,  
Awaiting the storm.  
Sarah Thomas

Couplet Poem

Flowers
In the spring, the petals sprout  
And before long, winter rips them out.  
Stefani Cvetkoska

It’s that time of year again, when we ask for your support in collecting stickers for Warrawong High School in the Woolworths Earn & Learn initiative.  

Whilst there is no longer a Woolworths in the Warrawong area, we are still collecting stickers. You may have family that live outside the area who may like to collect the stickers for you, or you may find yourself at a Woolworths store in another area.

I ask all students, parents/carers & teachers to come on board and help us collect stickers, which will allow us to receive fantastic new resources.  

Sandra Cesare  
Community Liaison Officer

New volunteering opportunity

The Smith Family is currently seeking volunteers to support and guide primary students in their learning and education at Cringila Public School’s Learning Club.

Learning clubs are safe, supportive out of school hours learning environments, where students have the opportunity to access resources and assistance with their homework.

When: Tuesdays 3:15-4:15pm  
Where: Cringila Public School

Please see Alyssa for further information (office located in Warrawong High School Library) or

The Adult Migrant English Program (AMEP) provides free English Language learning to eligible migrants.

To see if you are eligible please ring 4229 0155.

The AMEP is funded by the Department of Education and Training.
NAIDOC Touch Football

On Wednesday 22nd July the Koori students participated in the NAIDOC Touch Football Gala Day at Oak Flats High School. The day commenced with a smoking ritual performed by the Aboriginal elders. This was supported by a didgeridoo performance and traditional Aboriginal dances presented by the Illawarra Flame Trees. The students played exceptionally well and went through the first three games undefeated, which placed them first in their group. They faced Lake Illawarra High School in the semi finals and unfortunately went down 4-2. I would like to congratulate all of the students on their behaviour and achievements on the day.

Mr. Sovrano
Teacher/Coach

Welcome Miss Lani—AEW

On Friday 31 July Warrawong High School’s Koori Kids officially welcomed Miss Lani as the school’s new Aboriginal Education Worker.

Miss Lani is a Wiradjuiri Woman now living in the Illawarra. She is a recognised and well known Indigenous artist within our community and you can see examples of her work at the Shellharbour Uniting Care Nursing home & Let’s B Frank café at Piccadilly. She has also won a state wide competition for the rebranding of the Indigenous Department at St Vincent’s Hospital in Sydney. Check out her Facebook page: Lani B Art.

Miss Lani is excited to be a part of the Warrawong High School community and share her culture with the students.
King of the Castle

Our Support MC students have completed building their castles. To celebrate the occasion they dressed in knight costumes and charged around the school looking every bit the part.

Mr. Morales
Teacher

WOLLONGONG JUNIOR CHESS CLUB
JNR CHESS TOURNAMENT
2015 WINTER SUNDAY
(Under 18 Year Olds)
7 ROUND SWISS
WHEN: Sunday 30-Aug-2015 (10:00am to 4:00pm)
WHERE: FAIRY MEADOW COMMUNITY CENTRE
KEIRA ROOM
Guest Park - Crn Cambridge Ave and Princess Hwy Fairy Meadow
(Opposite Woolworth)

Trophy Prizes: 1st, 2nd, 3rd + Age Groups
Games will be rated by NSWJCL
Results will influence qualification to NSWJCL Country Championship
Entry Fee: $10

Lunch: Players should bring their own lunch and refreshments.

Arbiter and Information: JOHN MAZZIERI
Phone: (02) 4283 3080
e-mail: mazzieri@exemail.com.au

WOLLONGONG JNR CHESS CLUB
meets Thursdays 4:00-6:00pm (not school hols)
Fairy Meadow Community Centre

Future SUNDAY TOURNAMENTS
SPRING 01-Nov-2015
**Boys Permaculture Camp**

Here at Warrawong High School, Permaculture is an extremely important part of our curriculum. It educates our students to lead a more sustainable lifestyle, creating a more sustainable community and a more sustainable future. As part of their studies, some of our hardworking young students participated in a 4 day camp at “The Crossing”, working on Permaculture projects in the Bermagui area.

**SPEED CAREERING**

On the 22nd July, all Year 10 participated in a Speed Careering program which showcased to the students a wide range of career opportunities. It consisted of guests from eight different occupations representing various trades and professions. They were allocated seven minutes to talk with each group of students about their specific role and about careers and job requirements in their industry. The career areas included the NSW Police, Hairdressing and Beauty, Carpentry and Building, Nursing and Aged Care, Teaching, Hospitality, Design and Child care. It was an enjoyable and worthwhile experience for Year 10 and gave them food for thought in regard to options for their future...
JOIN US FOR ILLAWARRA OUTREACH

Illawarra Outreach will be at Berkeley every Tuesday and Thursday. Drop by for free food and fun!

| WHEN       | Every Tuesday and Thursday |
| TIME       | 4.00pm - 8.00pm            |
| WHERE      | Berkeley Skate Plaza at Holborn Park |
| WHAT’S ON  | Sport and recreational activities |
|            | Free drinks and BBQ food    |
|            | School holiday programs     |
|            | WDO’s - Work Development Orders |
|            | Individual support, assistance with referrals to other services and other important information |

More Information Contact Illawarra Outreach on 02 4223 7500 or illawarraoutreach@youthoffthestreets.com.au

JOIN ILLAWARRA OUTREACH FOR NO PASS OUTS

NSW Health will be running drug and alcohol information sessions over the next five weeks. Make sure you book your place!

| WHEN       | 28 July and 4, 11, 18, 25 August |
| TIME       | 4.30pm - 6.00pm                  |
| WHERE      | Illawarra Outreach, Holborn Park Berkeley |
| WHAT’S ON  | Save A Mate - learn vital information in safe drug and alcohol use that could help save someone’s life |
|            | Myth busting! Learn about the myths surrounding drugs and alcohol |
|            | Do you know what a standard drink is? The truth will shock you |
|            | Ask questions and get the information you want to know |

More Information Contact Illawarra Outreach on 02 4223 7500 or illawarraoutreach@youthoffthestreets.com.au
LEARN SAFE

FREE WORKSHOP FOR PARENTS AND SUPERVISORS OF LEARNER DRIVERS

BOOKINGS ARE ESSENTIAL

- Workshops are held from 6.00pm to 8.00pm
- Please contact Council for a suitable Workshop

WOLLONGONG CITY COUNCIL
Phone: 4227 7111
Email: rpo@wollongong.nsw.gov.au

SHELLHARBOUR CITY COUNCIL
Phone: 4221 6124
Email: brian.randall@shellharbour.nsw.gov.au

KIAMA MUNICIPAL COUNCIL
Phone: 4232 0484
Email: council@kiama.nsw.gov.au

WORKSHOPS ARE HELD AT WOLLONGONG, SHELLHARBOUR AND KIAMA COUNCILS

To help you with practical advice about:
- Supervising learner drivers
- Completing the learner driver log book
- Providing on-road driving practice and
- L and P Plates licence laws

An initiative of Wollongong, Shellharbour and Kiama Councils

DO YOU HAVE YOUR L’S?

Want to get more hours for your log book?

An opportunity for you and your supervising driver to experience real-world driving conditions including Police RBT, Speed Check and Driver Renewal.

Daylight -
Sunday Runs are held at Shellharbour & Kiama
10.00am - 12.30pm
Wollongong
9.30am - 12.00pm

Nighttime -
Tuesday Runs are held at
6.00pm - 8.30pm in Shellharbour & Kiama only.

All Learner Drivers Must Have 40 Or More Log Book Hours

BOOKINGS ARE ESSENTIAL
Please contact Council for a suitable Learner Log Book Run.

WOLLONGONG CITY COUNCIL
Phone: 4227 7111
Email: rpo@wollongong.nsw.gov.au

SHELLHARBOUR CITY COUNCIL, KIAMA MUNICIPAL COUNCIL
Phone: 4221 6124 or email jenny.darke@shellharbour.nsw.gov.au

An initiative of Wollongong, Shellharbour and Kiama Councils
Supported by Leka, Illawarra and Kiama RFS, RFS, RFS and SMG, Kiama Council and the RFS.
Upcoming Events

24 to 26 August    Year 11 Ski Camp
26 August           CAPA night
3 September        Year 11 Exams commence
8 September         7S Expo night.
14 September       Year 12 Clearance Day
16 September       Year 12 Graduation
17 September       Year 12 Formal

Healthy Habits

There are many ways that parents can help promote a healthy body image and healthy habits for your child at home. Here are some tips:

- Plan to eat home-cooked meals together as a family as often as possible
- Discourage eating meals or snacks while watching TV
- Encourage family activities that include enjoyable physical activity for everyone
- Ensure a safe environment for children and their friends to engage in active play (e.g. swimming, cycling, ball sports)
- Decrease the time spent in activities that involve sitting (e.g. watching TV, playing video and computer games)
- Encourage active commuting such as walking to school or walking to the bus or train.

The Australian Government has recently developed Physical Activity Recommendations for Children and Young People:

Children and young people should participate in at least 60 minutes (and up to several hours) of moderate to vigorous intensity physical activity every day.

Children and young people should not spend more than two hours a day using electronic media for entertainment (e.g. computer games, Internet, TV) particularly during daylight hours.

WHS does not receive or accept any paid advertising for Community Notices. Also, we have no way of checking the bona fides of any information received. We encourage parents/caregivers to make all necessary checks prior to involving their children in activities listed.

Community Notices

General Food Tips

Encourage your child to drink lots of water instead of fizzy drinks. This helps with their metabolism and their general health.

Encourage your child to snack on fruit and vegetables such as carrot sticks, watermelon, bananas and apples instead of chips and chocolate. This will teach them healthy eating habits for later life.

Always have healthy snacks in the home to decrease the temptation of having unhealthy ones.

Make sure your children always have a hearty breakfast every morning including whole grains, proteins such as eggs; cereals low in sugar and fresh fruits. This will keep them energised throughout the day and less likely to snack on sugary foods.

Our Supporters: